

# BSPH with Concentration in Medicine Sciences

## PRE-MED Track

### Sample Two-Year Plan

FALL	WINTER	SPRING
<b>Year 1</b>		
PH 40 BIBC 100/102 BICD 100^ or BIPN 100^ _____	PH 45 PH 101 or 102 BICD 100^ or BIPN 100^ if have room consider ^pre-med course	PH 101 or 102 PH 110 if have room consider ^pre-med course if have room consider ^pre-med course
<b>Year 2</b>		
LD PH __ (Trending Topics) PH 120 PH UDE _____	LD PH __ PH 193 USP 143 _____	PH 130 PH 194 PH UDE _____

\*Plan assumes student has completed the following lower-division (LD) requirements prior to transferring: BILD 1, BILD 2, BILD 3, CHEM 6ABC, CHEM 7L, CHEM 40AB/41ABC, CHEM 43A, MATH 10AB/20AB, PHYS 1A+AL, PHYS 1B+BL, PHYS 1C+CL, statistics course from approved list, PSYC 1

\*Plan includes 1 Gap Year - MCAT to be taken between Summer (Year 1) and Fall (Year 2)

\*Many Concentration UDEs have additional Biology and/or Chemistry Sciences prerequisites that must be completed prior to enrollment. Students should plan out Concentration courses early to avoid time-to-degree delays.

\*Many students who complete all required and highly recommended Pre-Med courses also consider a Biology Minor.

**NOTE:**

LD PH \_\_ (Trending Topics): Lower-division public health trending topics (PH 70-85)

LD PH \_\_: Lower-division public health elective (PH 50-95, 98, 99)

PH UDE: Upper-division public health elective (PH 140-191, 195, 198, 199)

Concentration UDE: Upper-division concentration public health elective (accepted courses listed on our website)

**MINIMUM REQUIRED COURSES TO COMPLETE PRIOR TO TRANSFERRING:**

<https://ph.ucsd.edu/undergrad/new-prospective-students/transfer-major-preparation.html>

CA Community College transfer students should also use [assist.org](http://assist.org)

**PLEASE NOTE:** Most medical schools prefer that all pre-med courses are taken at a 4-year university after transferring from a CC. This means you should not take any remaining pre-med courses at a CC after transferring.

**^HIGHLY RECOMMENDED COURSEWORK (particularly for non-bio majors and in prep for MCAT):**

LD: PSYC 1 or SOCI 70

UD: BICD 100, BIPN 100, BICD 110, BIMM 100, BIMM 120 - All UD listed courses satisfy Concentration UDE

**GENERAL CAREER & GRADUATE SCHOOL ADVISING:**

<https://career.ucsd.edu/advising/>

**PRE-HEALTH (INCLUDING PUBLIC HEALTH) CAREER & GRADUATE SCHOOL ADVISING:**

<https://healthbeat.ucsd.edu>

**PLANNING YOUR FUTURE IN PUBLIC HEALTH:**

<https://ph.ucsd.edu/undergrad/planning-your-future/index.html>